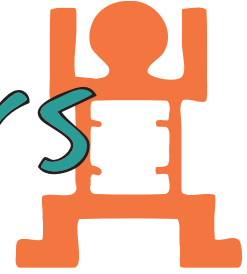


# Kiya Survivors



*“We provide  
therapy, education  
and hope to  
children and their  
families who have  
no other access to  
the support they  
need.”*



**K**iya Survivors is a small, grass roots charity working in Peru for children with special needs and abused and abandoned children living in poverty. We provide therapy, education and hope to children and their families who have no other access to the support they need.

Our projects employ Peruvian staff from the local areas and are Peruvian run, thus providing employment to the communities we operate in.

Through our youth programme, Kiya Survivors introduces young people from all over the world, to the daily challenges faced by disadvantaged communities and gives them the opportunity to work with Peruvian professionals who are passionate about their work and are striving to make positive change in their communities.

# YOUTH PROGRAMME

## *Volunteering for 12-18 year olds*

Together we can give more children the education,  
love and support they deserve



*“Volunteering with Kiya Survivors is one of the **best experiences of my life** and definitely one that is going to stay with me for a long time”*

### OUR AIMS

- To enable participants to **experience different cultures** and see the challenges facing developing communities
- To **increase participants’ awareness** of disability and special needs
- To provide an inspirational and **rewarding personal experience**
- To support and **develop interpersonal and leadership skills**
- To provide an experience that participants will **remember for the rest of their lives**
- To ensure **ongoing financial and practical support** for the centres

# CREATE A **UNIQUE** **EXPERIENCE** TO MEET YOUR NEEDS

Kiya Survivors provides a bespoke experience creating unique programs specific to each individual and groups needs.



## **Volunteering:**

- A **5 -10 day programme** working in one of our centres, including a final celebration ceremony
- Choose from a range of options including **building programmes, renovations, art projects, working on the farm**, or tell us if you have a great idea or skills you'd like to share!
- Spend time working closely with individual students and therapists

## **Sight seeing:**

It's not all hard work! Peru is an amazing country and we can arrange a variety of educational and fun excursions including:

- Visits to **Machu Picchu**
- Exploring the many **Inca ruins** around Cusco and The Sacred Valley
- Shop in traditional **Andean markets**

# WORKING WITH THE CHILDREN

Volunteers always work in pairs when at the projects and are supported at all times by our experienced on-site Volunteer Managers and professional staff.



## Work with the children includes:

- Creative workshops: supporting the children during art classes or other creative activities
- Brain gym: a fun exercise programme that prepares the children for learning
- Playtime: making friends and playing with the children is an important part of the work... and is lots of fun too!
- Sports events: organising mini Olympics, football tournaments or sports days at the projects are great ways to break down the cultural differences and connect with the children in a fun and active way!

# PROJECT WORK

Raising funds for a specific project enables the group to see firsthand how their money is being spent, and the impact that their contribution will have on the lives of the children.



Deciding on projects, fundraising and seeing projects through to completion is also an exciting and fun way for young people to develop their skills and initiative.

## Projects include:

- Maintenance of existing buildings including painting, varnishing, rebuilding and mending
- Paintings, murals and other creative projects for a welcoming and nurturing environment
- Building needed spaces onsite at the centres such as walls, classrooms etc
- Building a bathroom for a family
- Working on the farm

*“Raising funds for a specific project enables the group to **see firsthand how their money is being spent**”*

# PERU IS AN EXCITING AND ENRICHING COUNTRY TO EXPERIENCE.

Whatever the needs of your group we can tailor your itinerary to include a range of different excursions or educational opportunities.

*“To provide students the opportunity to learn through doing is, I believe, the **most valuable education possible**”*

*Daniel Cooper, Teacher at Copenhagen International School*



Our programme normally includes the following excursions, information about these and additional options are available on request.

- City tours of Lima and Cusco
- Visit to Macchu Picchu
- Tour of the Sacred Valley of the Incas
- Surfing lessons
- Waterfall trek

We can also offer classes in Spanish, salsa dancing and traditional Peruvian cooking.

# TRAINING WITH KIYA SURVIVORS



*“I think it was very good, the information was clear and neatly divided into games and other activities”*

**Kiya Survivors’ training for young people** addresses the skills and knowledge that they will need during their project work and work with the children. Prior to departure groups are offered training covering: working with children with special needs; team working; supporting each other and managing emotions.

On arrival at the centre groups are trained to use local materials for their project working (e.g. making adobe bricks), and receive additional training and support on working with the children.

## **Training programme outline:**

- Team building activities
- History of Kiya Survivors
- Introduction to Special Needs and Disability Awareness
- Communication skills and dealing with challenging behaviour
- Volunteering: project work and working with the students
- Emotional literacy: supporting each other
- Preparation for travel
- Fundraising

# FUNDRAISING FOR KIYA SURVIVORS

Fundraising by groups is vital to the ongoing work at the centres. Groups can choose to raise funds for the ongoing support of our centres or a specific project.

Supporting Kiya Survivors for a sustainable future is the cornerstone of our fundraising. Raising funds for ongoing costs gives groups the opportunity to learn about how a charity is managed and supported.

Deciding on an ongoing project to support, fundraising and visiting the project is a way for a group to develop a real bond with the children and young people that we work with.



**Copenhagen International School** raised funds to build and help run Mama Cocha centre in the North of Peru and have been fund raising and sending groups to us for over 12 years! The ‘ambassadors’ that come to Peru to see the projects progress report back to the school through blogs, videos and social media.



*Watch a film one group of students helped make*

## Costs

Costs for youth programmes depend on a number of variables, including group size, project costs and local issues. Many young people fundraise to cover the cost of their trip so we work hard to ensure costs are realistic and achievable.

**Please contact us for further information and a quote.**

## What's included:

- Training
- All transfers and internal flights
- Full coordinator support before, during and after your trip
- Bilingual coordinator support throughout your stay in Peru
- Accommodation and meals
- All excursions as in your itinerary
- Donation to the charity

## What's not included:

- International flights and tips for guides

# WHAT TO DO NOW?



## Things to consider:

- When do you want to go?
- How long do you want your trip to be?
- How many students?
- How many teachers?
- What is your budget?
- How much support do you need?
- Who will be the main coordinator of your group?

## Contact us for more information:

- Arrange for us to visit and do a presentation for staff, students and parents
- Create a tailor made itinerary
- Get a quote
- Discuss fundraising
- Develop an educational focus for your trip

## Please contact our Volunteer Manager:

Email: [volunteer@kiasurvivors.org](mailto:volunteer@kiasurvivors.org)

Tel: +44 (0) 7894747470

*We look forward to hearing from you soon and hopefully seeing you in Peru very soon!*

**[www.kiasurvivors.org](http://www.kiasurvivors.org)**

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