



# GIVE A LITTLE, CHANGE A LIFE!

## About Kiya Survivors:

Kiya (Quilla) is the Quechua word for moon, the symbol of new beginning.

Kiya Survivors aims to provide a new beginning for Peruvian children and young people who have learning difficulties, disabilities and/or are from vulnerable homes. Kiya Survivors operates its volunteer programme to ensure that there are enough hands to help with the young people we endeavour to support in Peru, to encourage new ideas and enthusiasm amongst the staff and to help raise funds for our projects. Founded in 2001, the Kiya Survivors volunteer programme is an invaluable building block that has enabled Kiya Survivors to expand and provide professional care and help to many children and young people in need.

Our volunteer programmes are designed to give volunteers the opportunity to visit and live in a fabulous country whilst making a positive difference to the lives of disadvantaged children, young people and their families. Volunteering with Kiya Survivors promotes individual development and is a rewarding and fun experience!

At Kiya Survivors, one of our main aims is to educate families and communities on disabilities to encourage understanding and acceptance and thus break away from the belief that many communities still hold, that children born to be different are a curse.

# WHY COME WITH KIYA SURVIVORS?



\*Whatever your skill set, there is a way YOU can be put to good use.

\*You will receive a personal service taking you through all the steps towards starting your volunteer journey. Once you arrive in Peru, you will be supported by our onsite team and continue receiving vital support from the UK and European team.

\*We make the most of our volunteer's talents to give you the most rewarding experience, be it to further your career or studies, to learn Spanish, experience a different culture or simply because you want to give something back.

## How is my money spent?

Like many small charities running a volunteer programme, we rely on the donations and hands on help from volunteers to keep going.

Once we've covered the costs of you joining the programme, the remainder of your donation goes directly to the projects.

#### **About Peru**

Population: 31

million

Official Language: Quechua & Spanish

**Currency: Nuevo Sol** 

Capital: Lima

Peru is the 19th largest country in the world Peru covers 1,285,220 km<sup>2</sup> (496,193 sq mi). It neighbours Ecuador **EXPLORE!!** Peru is without doubt one of the most naturally stunning and culturally interesting countries in South America.

As a Kiya volunteer, aside from getting involved with the projects, you will have the opportunity to visit some of the worlds most incredible sites, such as Machu Picchu, the most famous icon of the Inca world!

You will have the opportunity to support local wildlife programmes by visiting local places of natural interest and animal protection sites, swim with the turtles and so much more!

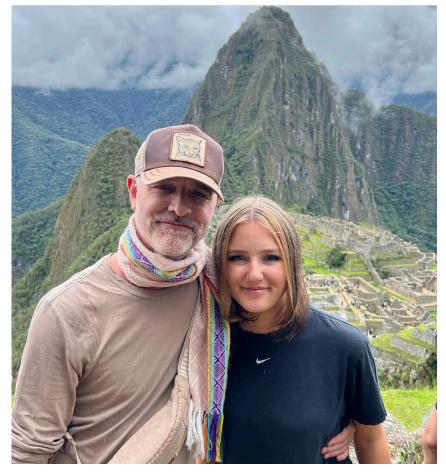
Kiya can help organise and suggest a fun filled, action packed itinerary to ensure your Kiya experience makes the most of this fascinating and vibrant nation!

## So far Kiya has....

\*Raised £1.5 million!

\*Supported over 2,000 children and their families

\*Hosted 500 volunteers worldwide!



# TYPICAL VOLUNTEER EXPERIENCE

### **Our Staff:**

We employ a full team of professionals onsite in Peru, all of whom are Peruvian and from the local area, including: Speech and Physiotherapists; Teacher; Psychologist; Social Worker; Project Director.

## What skills do I need?

We welcome volunteers from all walks of life; the most important thing is that you bring enthusiasm!

"The children, and all the people I have met and worked with will be engrained in my mind forever. It's no lie when people say there is a certain type of feeling you get in the sacred valley, it is one of the most special places I have ever visited."

Isabelle, previous volunteer

Your work in Peru will make the most of your individual talents and skills. We need people to help with sex education programmes in local schools & parent support programmes along with art and community projects.

There are also opportunities to participate in the Kiya Survivors outreach programmes, working alongside our professional Physiotherapist, Speech therapist and Psychologist. We also need people to help teach English to our Peruvian staff, children and parents. Practical skills such as: building, decorating, woodwork, gardening and admin skills are also helpful. We also need help managing our social media accounts and marketing for the charity.

There are many opportunities, the experience is beneficial to all who come, and we work hard at utilising our volunteer's talents and skills.

## Some of the activities you can get involved in:

- -Assisting in the programmes and helping prepare dynamic workshops.
- -Working closely with locally employed therapists in the outreach programme.
- -Helping organize after school / homework clubs.
- -Taking photos and videos and helping create FB and Instagram stories to help show people the work we do in Peru.

## You will be well supported

Right from the start, we will be in close contact to ensure that the application process will be as smooth as possible for you.

Once you've arrive in Peru, our Project Director will always be on hand to offer support and advice during your stay with us. One of your break times will be used to have your weekly individual meeting with the CEO and onsite Director to ensure you are doing ok!

## Make a REAL difference!

Don't underestimate the difference you can make as a volunteer. You can make a positive impact on the lives of the people we are working with in Peru. The projects for children and young people run by Kiya Survivors could not continue without the time given by our volunteers and without the funds you raise.

Remember, we provide desperately needed care for young people in vulnerable situations but our long term goal is to promote independence and self reliance—helping local people to help themselves.

Please Note: For all payments from outside the UK, £20 must be added for bank processing fees.



"We certainly couldn't have got this far without the crucial support from participants in our volunteer programmes!"

Suzy Butler—Kiya Survivors Founder & CEO

## My Volunteer Experience: Anne Clara-Laugesen, 18

"Though we didn't know a word of Spanish we immediately felt welcomed by everybody. Spending the day shadowing staff members, we got to know some of the children, and Mel told us their stories – at first you don't believe what you're being told, but you eventually find out how much they've all improved.

There is so much to do here – if you're not at school or having Spanish lessons, you're playing volleyball with the kids, hiking, going out with other volunteers, playing football with locals, relaxing in our hammock or shopping for groceries and being creative when it comes to dinner."

"Deciding to volunteer for Kiya Survivors has been the best decision I've made so far – and I'm finding myself in the middle of having the time of my life every day!"

## Rosie, 24, a volunteer from the UK said this about her time with Kiya:

"I'm currently in my second month here in Peru and thoroughly enjoying my time with Kiya Survivors.

It's a humbling experience to be working with such a brilliant charity that provides vital support for all the young people in its care.

During the day I help out at a school - it's been a delight getting to know all of the children here and a true privilege to work alongside the head teacher. I've been made to feel incredibly welcome here; everyone is warm and friendly – and very accommodating about my rather limited grasp of Spanish! "



To read more about Rosies experience and other volunteers, please have a look at our volunteer blog page: http://kiyasurvivors.tumblr.com



## Where will I live?

When you volunteer at Mama Cocha, you will be living in Mancora, a small yet thriving fishing village on the North Coast of Peru.

Mancora is famous for its surfing, beach life, good weather all year round and fabulous cuisine.

There are fantastic markets where you can buy fresh produce and plenty of restaurants and cafes to explore.

Mancora is within easy reach to Ecuador, the local Manglares and waterfalls, mud baths and fantastic beaches, to mention but a few of the exciting destinations you can visit in your free time!

Kiya Survivors can help organize a private room in a local hostel including breakfast, or a room in a local family house for your stay here near to the projects and team so you feel supported.

## Do I Need To Speak Spanish?

It is helpful to have a basic understanding of Spanish as our onsite team don't speak English, however, there are opportunities to learn Spanish upon arrival and you will have the support of an English speaker throughout your programme online.

## **Raising Funds?**

We advise volunteers to set up a Just-giving page and raise the donation aspect of the programme by organising small events, asking friends and family to sponsor them and asking colleges or their place of work to match fund their efforts. We are happy to help set things up for you and work together to help you raise the suggested donation for your time in Peru with us.

\*All funds raised must be paid to Kiya Survivors

\*By signing the pledge you are agreeing to commit to providing the agreed funding and costs for your programme.

\*Volunteers must have medical and travel insurance. Kiya Survivors is NOT responsible for any accident; illness; loss or theft of personal items or cancellation/change of dates of any part of the trip.

\*All monies paid to Kiya Survivors are non refundable under any circumstances.



## **How will I know What To Do?**

Once you arrive in Peru, our Project Manager will provide an orientation to ensure you have all the knowledge you need to make the most out of your time in Mancora and with Kiya.

You will spend the first few days shadowing the staff at the projects and they will demonstrate and explain thoroughly what they do and how you could help them. You will then discuss with the charity's top and local team and decide a timetable that works for you. It could be working in the therapy team in the mornings and then running an English class for the kids in the afternoons, or organizing a sporting or art event. Whatever you do, you will be supported!

## When can I start?

We send volunteers all year round. Most of our volunteers sign up between 2-12 months before departure, as this gives you the opportunity to raise the funds to go, prepare, and receive all relevant information. If you want to join a programme leaving in less than 2 months please contact us to discuss.

## How do I apply?

It's simple! The process goes like this:

- 1. Fill in the Application Form and sign the Pledge. Send it to our team. It's fine to send us a scan of the completed form.
- Once we have received the form and approved the programme, you need to send a deposit, we can secure your place and start making plans for your trip once the deposit has been received.
- 3. We will ask you for a criminal records/ background check. If you don't have one, they are very simple to apply for online and usually cost about £8 and take a couple of weeks.
- 4. Soon after the donation for your programme has been received, you'll be sent a detailed itinerary.

## **DONATIONS AND COSTS**

	MAMA COCHA (MANCORA)
Suggested Donation: Please note: Minimum stay 4 weeks.	• £55 per week
How we look after you:	<ul> <li>Refreshments and welcome from the staff upon arrival at your project</li> <li>Onsite support and introduction to projects and work</li> <li>Orientation of the village you will be working in</li> <li>Continual support from KS team</li> <li>Certificate and leaving ceremony</li> </ul>
Optional Extras: Please note: Prices may vary.	<ul> <li>Airport pick up in Lima = £30</li> <li>Accommodation in Lima = £40 per night</li> <li>National flights: Lima to Piura or Tumbes rtn = Approx £200</li> <li>12 hrs of Spanish lessons (3 x classes of 1 hr per week x 4 weeks) = £52</li> <li>6 x 1.5 hr Surf lessons = £76</li> <li>Accommodation in Mancora in a private room at a local hostal including breakfast = £55-£85 p/w (cost depends on time of year)</li> </ul>



